



The AUA Youth Forum 2019

Date : 18th -22nd November 2019

Venue : University of Colombo, Sri Lanka

Theme : *“Arogya Parama Labha”*: Wellbeing Beyond Health

Increasing Non-Communicable Diseases (NCDs) in Asia leading to an unacceptably high burden of premature death and disability with escalating health, economic and social burden in our member countries. Here we adopt “Wellbeing Beyond Health” as the chosen theme for this year. The theme is aligning with the Sustainable Development Goal # 3 (Good Health and Wellbeing) by the United Nations while the event is officially endorsed by the World Health Organization (WHO).

The interactive sessions will focus on how the Asian youth can take on the leadership to modify human behavioral risk factors and their social, environmental and commercial determinants to prevent NCDs (including cardiovascular diseases, cancers, diabetes and chronic lung diseases), with a special emphasis to identify unexplored future challenges created by the rise of the ‘digital age’ and how youth can define and achieve ‘wellbeing’ at individual, family, community and policy levels. The program is further enriched to promote social and cultural exchange where Sri Lankan traditional healing, music, drama, dance, art and sports will be used in hands-on skill sessions conducted at an eco-friendly environment close to nature.

University of Colombo shall cover the following expenses:

1. The round-trip air tickets (Economy Class) for a maximum of three undergraduate students from each university. Please note that University of Colombo will be purchasing the tickets for the three students.
2. Accommodation at a 5-star hotel in Colombo for up-to-six nights for the nominated three students from each university
3. Meals as specified in the draft program including dinner for 6 nights.
4. Local transportation during the program including airport transfers.
5. In the event that the students on waiting list are also selected to the Program, they will enjoy all the above mentioned benefits as well.

Registration for the AUA Youth Forum:

- University of Colombo invites AUA member institutions to nominate three undergraduate students from each institution. Each member university is also welcome to nominate up to two students on waiting list. In the event that there are unused quotas from other universities, the students on waiting list have a chance to get admitted to the AUAYF.
- Please kindly note that although sexual health is an important component to address for a holistic discussion on the chosen theme- 'health and wellbeing', the organising committee being respectful of sensitivities among some registrants, would offer the option of declining participation for this specific session, if they do so desire.
- Please kindly advise the nominated students to complete the online registration form at <https://tinyurl.com/auayf2019> by October 14, 2019.
- For any further information regarding the program, the institutions or nominees may reach us via email: auayfuoc@gmail.com